



SHAPING YOUR PUPPY TO HEEL POSITION

And Basic Heel & Leash Walking

Shaping teaches your puppy to move into the heel position naturally and rewards the right choices. With practice, it becomes a reliable skill for everyday walks and adventures.

Breeding With Integrity



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SHAPING TO HEEL POSITION



Goal: Puppy is beside you, calm and focused, in the heel position.

1 GET YOUR PUP'S ATTENTION

Have your puppy in a sit or stand position. Hold a treat by your side (near your thigh).



2 LURE INTO POSITION

Slowly move the treat up and behind your leg. As your puppy follows the treat, he should move to your side.



3 REWARD IN POSITION

The moment your puppy's shoulder is beside your leg in the heel position, say "Yes!" and give the treat.



4 BUILD CONSISTENCY

Repeat in short sessions, gradually adding more steps and distractions as your puppy gets confident.



5 ADD MOVEMENT

Once your puppy slots in easily, start walking. Reward often for staying in the heel position.



BASIC HEEL & LEASH WALKING



Goal: Walk with your puppy calmly by your side, focused and relaxed.

1 START CLOSE

Hold the leash short (4–6 inches). Walk forward and reward your puppy when he stays at your side in heel position.



2 KEEP IT CALM

If your puppy pulls ahead, stop. Wait for him to return to your side, then praise and continue.



3 PRAISE OFTEN

Reward for staying close, walking calmly, and checking in with you. Use treats and kind encouragement.



4 PRACTICE EVERYWHERE

Practice in different places and with distractions to build your puppy's confidence and focus.



5 BE CONSISTENT

Consistency today builds a strong foundation for a lifetime of good leash manners.



GENERAL TIPS



- Use a 4–6 foot leash.
- Reward frequently, especially in the beginning.
- Keep training sessions short and positive.
- Be patient and celebrate small wins!
- Practice daily for best results.

WHY HEEL TRAINING MATTERS

- Improves safety on walks
- Helps in busy or distracting environments
- Builds better communication and focus
- Creates a more enjoyable walking experience
- Strengthens your bond with your puppy

*Stronger Steps,
Brighter Futures*

Train with kindness, consistency,
and patience—building a partnership
that lasts a lifetime.



TRAIN WITH KINDNESS. LEAD WITH LOVE. BUILD A PARTNERSHIP THAT LASTS.

Happy Training!

